



fitnessbowl

SERVICES

STORY OF BOWL

ABOUT US

CONTACT

clicking on menu bar buttons except about us, will have an easing scroll down effect to, selected part in the page

The home page, the empty red space will be replaced by large image background

Logo goes here



Welcome to fitness bowl!

TELL ME MORE

"Tell me more" button has easing scroll effect to services part of page



The hole floating style nav-bar will become normal bar, with animation effect. "fitness bowl" logo size will reduce and fit inside the nav bar

SERVICES

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Breakfast

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Lunch

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Dinner

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Back to top,
takes to home
area

Back to top



STORY

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Dolor

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[Back to top](#)



About us

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This is different page, hence has a home button. Note the Url as well



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} Fillable form

Submit triggers, confirmation pop up



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Submitted, thanks!



CONTACT US

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Pop-up automatically disappears, or can be closed manually

SUBMIT

Back to top